

## ALGESTER LODGE - WEEK FIVE MENU

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Tea, coffee, Milo, Juice, Cordial or Water is available for Breakfast, Morning Tea, Lunch, Afternoon Tea, Dinner and Supper.</b>							
<b>BREAKFAST RG7, EC7, SB6 MM5, PU4</b>	Weet-Bix/Cereal Spaghetti	Porridge/Cereal Yoghurt	Weet-Bix/Cereal Scrambled Eggs	Porridge/Cereal Pres Fruit Salad	Weet-Bix/Cereal Tomato & Bacon	Porridge/Cereal Baked Beans	Porridge/Cereal Yoghurt
<b>RG7</b>	Rolls	Rolls	Rolls	Rolls	Rolls	Rolls	Rolls
<b>MORNING TEA</b>	Muffins/ Watermelon	Fruit Cake/ Rockmelon	Carrot Cake/ Watermelon	Orange Cake/ Rockmelon	Chocolate Cake/ Paw-Paw	Vanilla Cake/ Watermelon	Cherry Cakes/ Rockmelon
<b>MM5 PU4</b>	Mixed Berry Mousse	Vanilla Instant Pudding	Caramel Mousse	Strawberry Instant Pudding	Mango Mousse	Chocolate Instant Pudding	Hazelnut Mousse
<b>LUNCH RG7, EC7, SB6</b>	Curried Chicken Rice/Fish Cakes Potato Crinkle Carrots Beans	Roast Pork/Meatball & Gravy Roast Potato Roast Pumpkin Peas	Beef Steak Pies/ Alfredo Chicken Gravy - Potato Diced Carrot Cauliflower	Sweet & Sour Meatballs/Rice Ham Steak Potato, Pumpkin, Beans	Crumbed Fish/ White Sauce Sausages Wedges/Vegies Coleslaw	Honey Soy Chicken Pork Riblet Mashed Potato Mixed Veggie Broccoli	Baked Ham/ Gravy Grilled Fish Roast Potato Roast Pumpkin Peas
<b>MM5 - PU4</b>	As Above	As Above	As Above	As Above	Steam Fish- 3 Vege	As Above	As Above
<b>DESSERT RG7, EC7, SB6 MM5, PU4</b>	B'berry Self Sauce Pudding & Custard	Pavlova with fruit & Cream	Apricot Danish & Custard	Panna Cotta	Bread & Butter Pudding Custard	Apple sponge & Custard	Strawberry Cheesecake & Cream
<b>AFTERNOON TEA</b>	Fruit Muffins/ Watermelon	Fruit Cake/ Rockmelon	Carrot Cake/ Watermelon	Orange Cake/ Rockmelon	Chocolate Cake/ Paw-Paw	Vanilla Cake/ Watermelon	Cherry Cakes/ Rockmelon
<b>MM5, PU4</b>	Mixed Berry Mousse	Vanilla Instant Pudding	Caramel Mousse	Strawberry Instant Pudding	Mango Mousse	Chocolate Instant Pudding	Hazelnut Mousse
<b>DINNER RG7, EC7, SB6</b>	Bacon & Egg Pie Beef Patty Pasta Salad	Pumpkin Soup Chipolata Sausages/ Mash & Gravy Omelette	Chick Noodle Soup Mixed Sandwiches <b>(RG7, EC7 Only)</b> Frittata	Cheesy Tomato Pasta Bake/ Chicken Patty Garden Salad	Potato & Leek Soup Vegetable Slice/ Lasagne	Thick Veg Soup Curried Sausages Rice/Potato Quiche Lorraine	Cr of Chicken Soup Beef/Chicken Patty Gravy Pasta Salad
<b>RG7</b>	Rolls	Rolls	Rolls	Rolls	Rolls	Rolls	Rolls
<b>MM5, PU4</b>	Spring Veg Soup Ham/Gravy - Veggies	As Above	Soft Egg Bake <b>SB6, MM5, PU4</b>	Minestrone Soup As Above	As Above	As Above	Beef Patty/Gravy and 3 vegetables
<b>DESSERT</b>	Pres Fruit Salad	Pres Pine-apple	Fresh Banana	Preserved Apricots	Preserved Pears	Preserved Peach	Fresh Banana
<b>MM5, PU4</b>	As Above	As Above	Pureed Fruit	As Above	As Above	As Above	Pureed Fruit
<b>SUPPER</b>	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
<b>REGULAR – RG7 EASY CHEW – EC7 SOFT &amp; BITE-SIZED – SB6 MINCED &amp; MOIST – MM5 PUREED – PU4</b>							

An alternative meal for lunch and dinner is available. Please notify staff 2 days in advance for cooking purposes. This menu is subject to change without notice.

Date: 22/11/19